

ROMFORD	Meeting 279
Final	
Wednesday, 22 July 2026	

225m Flat

1	Smashing Major	2	Katie O'Flaherty	T2	xLame
	Constantly	5	Katie O'Flaherty	T2	ReQul
	Constantly : NAME CHANGED 26.Jan from Blue Flyer				

400m Flat

2	Crystal Nancy	2	Deborah Hurlock	T3	
	Catunda Steph	4	Deborah Hurlock	T3	xFall
	Smiling Ollie	6	Deborah Hurlock	T3	
	Smiling Ollie : NAME CHANGED 07.Jul from Bogger Ollie				
3	Holly Beau	1	Paul Young	T3	xCgh
	Garrys Lil Star	3	Paul Young	T3	ReQul
	Crouchs Maestro	5	Paul Young	T3	
4	Four Under Par	2	Marlene Westwood	T3	xBite
	Sophies Diamond	4	Marlene Westwood	T3	xLame
	Roanna General	6	Marlene Westwood	T3	
5	Ballymac Suntan	1	Paul Burr	T3	ReQul
	Tullymurry Bing	3	Paul Burr	T3	ReQul
	Roxys Sunshine	5	Paul Burr	T3	ReQul