

**ROMFORD
Final**

Meeting 311

Friday, 09 October 2026

400m Flat

1	Alien Tiger	1	Gemma Evans	T3
	Tip Top Celt	3	Katie O'Flaherty	T3
	Amazing Chief	5	Gemma Evans	T3
2	Honey Rex	1	Maxine Locke (CPark)	T