

**ROMFORD**  
**Final**

**Meeting 281**

**Friday, 24 July 2026**

**400m Flat**

|          |                  |   |                       |    |       |
|----------|------------------|---|-----------------------|----|-------|
| <b>1</b> | Derrygrath Lisa  | 2 | Paul Young            | T3 |       |
|          | Yahoo Bree       | 4 | Paul Young            | T3 | xCgh  |
|          | False Time       | 6 | Paul Young            | T3 | xCgh  |
| <b>2</b> | Blacklabel Power | 1 | Deborah Hurlock       | T3 |       |
|          | Distant Lilly    | 3 | Dean Childs           | T3 |       |
|          | Miami Diversity  | 5 | Deborah Hurlock       | T3 | xBite |
| <b>3</b> | Chisem Dodger    | 1 | Ricky Holloway (Hove) | T3 |       |
|          | Droopys Strike   | 3 | Ricky Holloway (Hove) | T3 |       |
|          | Chisem Naynay    | 5 | Ricky Holloway (Hove) | T3 |       |
| <b>4</b> | Icecool Pestana  | 4 | Dean Childs           | T  | xOffC |
| <b>5</b> | Zazzeras Iris    | 2 | Paul Young            | T3 | ReQul |
|          | Derrygrath Orla  | 4 | Paul Young            | T3 | xFall |
|          | False Tears      | 6 | Paul Young            | T3 | xCgh  |